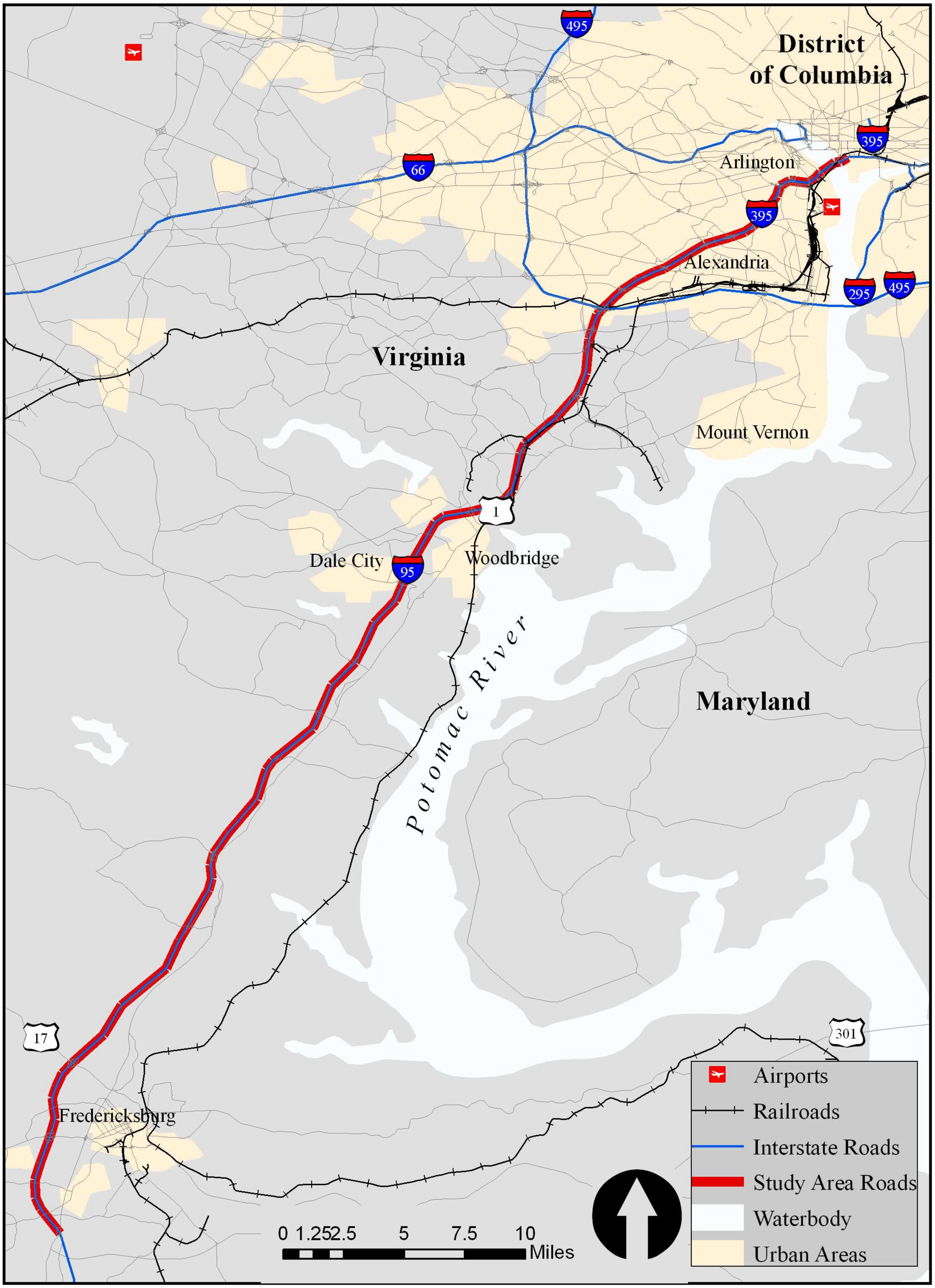I-95/I-395 HOV-HOT Lanes TDM/Transit Study